

## Carey Guides and Driver Workbook Sequencing Chart

During This Time Period	Key Steps	Use/Review These Tools During Appointments or Introduce as Take-Home Assignments
During the first appointment	<p><b>Establish Positive Expectations</b></p> <p>Build rapport; clarify roles; identify person’s strengths.</p>	<ul style="list-style-type: none"> <li>• <i>Maximizing Strengths</i>—red Carey Guide</li> <li>• <i>Rewards and Sanctions</i>—red Carey Guide</li> <li>• <i>Responding to Violations</i>—red Carey Guide—if there are concerns about potential violations</li> </ul>
Within the first month	<p><b>Share Initial Assessment Results; Incentivize</b></p> <p>Seek investment in the change process.</p>	<ul style="list-style-type: none"> <li>• <i>Your Guide to Success</i>—blue Carey Guide</li> <li>• Driver Workbook</li> <li>• Request for Stabilization Services (in <i>Your Guide to Success</i>—blue Carey Guide), if there are stabilization needs</li> </ul>
30–60 days after placement	<p><b>Identify 1–2 Case Plan Goals</b></p> <p>Identify the most influential criminogenic need.</p>	<ul style="list-style-type: none"> <li>• <i>Your Guide to Success</i>—blue Carey Guide (continued)</li> <li>• <i>Responsivity</i>—red Carey Guide—if there are responsivity issues</li> </ul>
Following identification of case plan goals	<p><b>Write a SMART Case Plan</b></p> <p>Determine skills that would help address the driver; write case plan activities to help develop these skills.</p>	<p>Consider using one or more of the following Guides to address case planning needs:</p> <ul style="list-style-type: none"> <li>• <i>Case Planning</i>—red Carey Guide</li> <li>• <i>Co-occurring Disorders</i>—red Carey Guide</li> <li>• <i>Dosage and Intensity</i>—red Carey Guide</li> <li>• <i>Female Offenders</i>—red Carey Guide</li> <li>• <i>Mental Health</i>—red Carey Guide</li> <li>• <i>Motivating Offenders to Change</i>—red Carey Guide</li> <li>• <i>Violence and Lethality</i>—red Carey Guide</li> </ul>

During This Time Period	Key Steps	Use/Review These Tools During Appointments or Introduce as Take-Home Assignments
<p>During most appointments after the case plan is initially developed</p>	<p><b>Teach and Practice Skills to Reduce Risk</b></p> <p>Teach and practice prosocial skills that help reduce the risk of recidivism.</p>	<ul style="list-style-type: none"> <li>• Thought-Feeling-Action Link (in <i>Antisocial Thinking</i>—blue Carey Guide)</li> <li>• <i>Behavioral Techniques</i>—red Carey Guide—if the person does not understand the importance of practicing skills</li> <li>• Consider using one or more of the following Guides to address targeted criminogenic needs as identified through the assessment and Driver Workbook: <ul style="list-style-type: none"> <li>▪ <i>Anger</i>—blue Carey Guide</li> <li>▪ <i>Antisocial Associates</i>—blue Carey Guide</li> <li>▪ <i>Antisocial Thinking</i>—blue Carey Guide</li> <li>▪ <i>Drug Dealers</i>—red Carey Guide</li> <li>▪ <i>Emotional Regulation</i>—blue Carey Guide</li> <li>▪ <i>Empathy</i>—blue Carey Guide</li> <li>▪ <i>Engaging Prosocial Others</i>—blue Carey Guide</li> <li>▪ <i>Impaired Driving</i>—red Carey Guide</li> <li>▪ <i>Interpersonal Skills</i>—blue Carey Guide</li> <li>▪ <i>Intimate Partner Violence</i>—red Carey Guide</li> <li>▪ <i>Involving Families</i>—blue Carey Guide</li> <li>▪ <i>Managing Sex Offenders</i>—red Carey Guide</li> <li>▪ <i>Mental Health</i>—red Carey Guide</li> <li>▪ <i>Meth Users</i>—red Carey Guide</li> <li>▪ <i>Moral Reasoning</i>—blue Carey Guide</li> <li>▪ <i>Overcoming Family Challenges</i>—blue Carey Guide</li> <li>▪ <i>Problem Solving</i>—blue Carey Guide</li> <li>▪ <i>Prosocial Leisure Activities</i>—blue Carey Guide</li> <li>▪ <i>Substance Abuse</i>—blue Carey Guide</li> </ul> </li> </ul>
<p>30–60 days prior to discharge</p>	<p><b>Prepare for Successful Discharge</b></p> <p>Develop a plan to guard against harmful/illegal activity after discharge.</p>	<p><i>Reentry</i>—red Carey Guide</p>