

TOOLS TRAINING

CAREY GUIDES, BRIEF INTERVENTION TOOLS (BITS) & DRIVER WORKBOOK*

* Available for justice system supervisors, line staff, or both

The Carey Guides, Brief Intervention Tools (BITS), and Driver Workbook are cognitive behavioral tools that make it possible for professionals to identify and address the most influential criminogenic needs that lead to risk reduction and case management concerns. Staff interactions will become more impactful after taking this hands-on course where they will learn about and practice using these tools to successfully move people through the change process.

Delivery Option	Course Length	Recommended Class Size
Virtual	3 or 4 Days, 2.5 or 3.5 Hrs./Day	Up to 20
In Person	1 or 2 Days, 7 Hrs./Day	Up to 30

By the conclusion of this training, participants will be able to:

- describe key research findings that underscore how to achieve risk reduction
- describe the purpose and content of the Carey Guides, BITS, and Driver Workbook
- do skill practice using the Carey Guides, BITS, and Driver Workbook
- explain how to make the most effective use of the Carey Guides, BITS, and Driver Workbook
- introduce the Carey Guides, BITS, and Driver Workbook
- discuss strategies to work with clients' hesitancy to use tools.

Additionally, supervisors will be able to:

- prepare staff to participate in the Tools training
- support their staff in their use of the Carey Guides, BITS, and Driver Workbook.

Course Fees:

Training costs are provided at a fixed rate. The rate includes pre-training preparation, material development, logistics and planning, travel expenses or IT coordination, intersession activities (for virtual training), and post-training follow-up. The Carey Guides, BITS, and Driver Workbook, which are required for this course, are sold separately. See shop.thecareygroup.com for pricing. The cost of the one-day Tools training is \$6,650.00 for in-person and \$6,150.00 for virtual training. The two-day course is \$9,950.00 for in-person and \$9,100.00 for virtual training.

Note: A purchase order or signed statement of work is required to secure training dates. Email becca.ford@empowercommunitycare.com to ask questions or learn more!