

## FOUR CORE COMPETENCIES\*

\* Available for justice system supervisors, line staff, or both

Skills matter when it comes to reducing recidivism rates and increasing long-term positive behavior change. This course gives participants the opportunity to learn and practice skills related to four core competencies: developing professional relationships, creating effective case plans and case management strategies, conducting skill practice to address criminogenic needs, and using appropriate responses to shape behavior.

Delivery Option	Course Length	Recommended Class Size
Virtual	4 Days, 3.5 Hrs./Day	Up to 20
In Person	2 Days, 7 Hrs./Day	Up to 30

### By the end of course, participants will be able to:

- describe key research findings that underscore how to achieve risk reduction
- demonstrate the four core competencies that are key to reducing the risk of recidivism
- use tools that will support them in developing proficiency in the four core competencies.

### Additionally, supervisors will be able to:

- describe the role of front-line supervisors in creating and sustaining an evidence-based practices environment
- prepare staff to participate in the Four Core Competencies training
- coach staff and implement continuous quality improvement processes concerning the four core competencies.

### Course Fees:

Training costs are provided at a fixed rate. The rate includes pre-training preparation, material development, logistics and planning, travel expenses or IT coordination, and post-training follow-up. The cost of Four Core Competencies training is \$9,850.00 for in-person and \$9,100.00 for virtual training.

**Note:** A purchase order or signed statement of work is required to secure training dates. Email [becca.ford@empowercommunitycare.com](mailto:becca.ford@empowercommunitycare.com) to ask questions or learn more!